



5. Obratiteli bozhoknt ha cekretara CPHON Hypioroy H.E.

- noshee, hem 3a 3 JIA JO haajaia coperehobahnin.
- omjatra nojholo B3hoca (B ciyiae octycirnha uperjotarbi) uponsrojntca he coperehobahnin.
- Ocatihaha ractb B3hoca omjabinatca he noshee, hem 3a 3 JIA JO haajaia coperehobahnin.
- Echin choptremeh he arjeterca ha coperehobahnin, jahpin B3hoc he B3ospaumetca.
- Tlpejoumata uponbojntca hepes kapti C6ep6ahr CPHOTL upn nojaae saarrin.
- brjonehphix B kajehjaphin nizh CPHON.
- choptremeh nojact saarby bneprive nju camocrotetjeho ha bce x coperehobahnin,
- yacchinra he noshee, hem 3a 35 JIHEH JO haajaia coperehobahnin B ciyiae, ecjin ha choptremeh nojact saarby bneprive nju camocrotetjeho ha bce x coperehobahnin,
- uperjotarba b pampe 1500 (tipcraa nrtbco) py6jien heperjntca 3a kakjoto

4. Tlpejoumata b saarbohphix B3hoco:

- 3. Saarbohphix B3hoc B moytjophom pampe yctahabjnaetca B ciyiae, ecjin ha choptremeha he nojaha uperjapnjeha saarba B yctahobjehphin copr (3a 35 JIHEH JO haajaia coperehobahnin).
- Bertepehri (60 jejt n craptme);
- rohoun n Jeryum (he jocntilme 18-jetheto Bospacta ha momet coperehobahnin);
- Ot omjatbi saarbohphix B3hocoB ocrogojkjatc;
- Poccnn».
- choptremehri, nmehomne nojethoe choptremeho srahuhe „Sachykehphin Macrtep choptre
- Bertepehri (40-49 jejt, 50-59 jejt).

- rohoun n Jeryum (jocntilme 18-jetheto Bospacta ha momet coperehobahnin);
- rohonipti n rohonipti;
- mykhnpi n jehmnnpi;
- a) 3000 (tip tlicahn) py6jien 3a kakjoto choptremeha:

1. Yctahobnity nrujnbijayapnpi saarbohphix B3hoc yacchinrok ha bce x coperehobahnin,

Tlpejoumny Choptremeho Fejepanuun Hnkeropojckon ojactin no Tlay3pmiftnity nocrahabjaje:

**Tlpejoumnye upesjiny Ma №2**

22 abrycta 2025 r.

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Public organization «Sports Federation of Nizhny Novgorod region in Powerlifting»  
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O6actin no Tlay3pmiftnity

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